Date:

**Population and Public Health**

Dear \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I am sorry I’ve been unable to reach you by phone. You have tested positive for COVID-19 and **require isolation**. Information on how to isolate is enclosed and linked by the QR codes below.

Please call me at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ within 24 hours so we can discuss further. My office hours are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. If you reach my voicemail, please leave your full name and a number I can reach you at. If you are calling during the evening or over the weekend, I will return your call as soon as I am back in the office.

# For information on how to isolate after hours or on weekends, you may call Health Links/Info Santé at 204 788-8200, or toll free 1-888-315-9257.

# Please begin to think about who you may have been in contact with, starting from 2 days before your symptoms began (or 2 days before you were tested) until you began to isolate and make a list so we can review when I talk to you.

Thank you for your attention to this important health matter.

Sincerely,

[full name, RN]

Public Health Nurse

Phone Number:

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| Information sur l’Isolement (Français)<https://www.gov.mb.ca/asset_library/en/covid/factsheet-isolation-selfmonitoring-recoveringhome.fr.pdf> | Isolation Information<http://www.manitoba.ca/asset_library/en/coronavirus/factsheet-isolation-selfmonitoring-recoveringhome.pdf> | Other Languages<https://www.gov.mb.ca/covid19/updates/resources.html#collapse2> |
| FR_Case_self-isolation.png | Eng_Case_self-isolation.png | Other%20Languages.png |
| If you have a QR reader on your smartphone, open your camera and hold over to scan the QR code. A link to <https://www.gov.mb.ca/covid19/updates/resources.html> will appear. |