

OPERATIONAL GUIDELINES FOR PUBLIC HEALTH FOLLOW-UP OF EBOLA

This document should be used as an adjunct to the Manitoba Health, Healthy Living and Seniors ,
Ebola Virus Disease (EVD) Interim Protocol

<http://www.gov.mb.ca/health/publichealth/cdc/protocol/ebola.pdf>

PRELIMINARY PREPARATION:

1. With confirmation of probable or confirmed case of Ebola

- During daytime hours the CD Coordinator will contact the Community Area Office to alert the Intake Public Health Nurse (PHN) and the Team Manager.
- After hours the on-call Medical Officer of Health will contact the on-call Team Manager to arrange staffing. The on call MOH phone number is 204-788-8666.
- The CD Coordinator will call the HSC Infection Control Practitioner (ICP) to discuss the case and work closely with them to coordinate the Public Health follow-up.
- All cases of Ebola will be located at the Health Sciences Center.

2. Staffing Recommendations

- Two PHN's should be assigned to an Ebola case investigation. Depending on the magnitude of the investigation, more staff may be assigned by the Community Area Team Manager or the Team Manager "on-call".
- The Team Manager is to alert the Community Area Director of the situation.
- PHN's should review the protocol above and online resources.

WRHA Population Public Health Ebola Resources

<http://www.wrha.mb.ca/extranet/publichealth/services-communicable-disease.php>

CASE FOLLOW-UP

Initial Interview

- The interview should occur as soon as possible. All Ebola cases will be admitted to HSC and will be in isolation. Contact the ICP to assist with arranging the interview. Determine if case is able to be interviewed or if family are available for assistance. Explain the role of public health and the need for an immediate interview. Notify the CD Coordinator or MOH (after hours) immediately if any issues arise that requires problem solving
 - Arrange to have access to the medical chart for more details.
1. Complete the *Ebola Virus Disease (EVD) Case Report Form*
http://www.phac-aspc.gc.ca/id-mi/vhf-fvh/assets/pdf/evd_crf-mvd_fdc-eng.pdf
 2. During regular business hours fax the completed case report form to the Communicable Disease Coordinator.
 3. After Hours contact MOH-on-call (204-788-8666) to discuss the *Ebola Virus Case Report form*
 4. Initiate contact interview
The infectious period is from the onset of fever (or other symptoms if no fever) until the client has been placed into isolation.

Tools for Contact Interview:

1. [EVD Contact Investigation Tool-Calendar of Activities \(form\)](#)

- Complete *Calendar of Activities*- for individual and group exposures to document groups/contacts exposed during the period of communicability. If a group activity is determined to be a possible risk exposure then information is required on all members of that group to determine each individual's risk.

2. [Ebola Contact Tracking Tool \(form\)](#)

- Individual contacts exposed during the communicability period should be recorded on the contact list, including individual information for each person that was part of a group.
- A determination will be made as to whether they are a close contact or non-close contact using the *Contact Assessment Tool for Public Health Nurses*.
- The *Ebola Contact List* will be used to keep track of all the contacts

3. [EVD Contact Assessment Tool for Public Health Nurses \(form \)](#)

- All contacts will be contacted and assessed by the PHN as soon as possible after interviewing the case or the cases' family.
- The PHN will complete Ebola Contact Assessment Tool for each contact
- This will determine if they are considered a close or non-close contact

CONTACT FOLLOW-UP

Management of Close Contacts

- Refer to *MHLS Interim EVD Contact Management Guidelines* (not available on-line, obtain from CD Coordinator/MOH –on-call)
- Will require to be actively monitored by Public Health
- The PHN will provide and review the [Temperature Self-Monitoring Form](#)
- The PHN will plan to communicate with the contact on a daily basis at a predetermined time.
- A plan will be devised for the client to contact an identified person in the event of any symptoms that may develop that they need to report immediately.

Management of Non-close contacts

- No further intervention will be necessary at this time.
- There may be a recommendation for passive temperature self-monitoring. This will be determined on a case-by case basis in consultation with the CD Coordinator/MOH

4. [Temperature Self-Monitoring Form](#)

- Can be used for active or passive self-temperature monitoring