**Nutrition Promotion Program Monitoring**

**Group Services Annual Report**

January 2017 to March 2018

This report presents data collected by Public Health Dietitians/Nutritionists regarding groups conducted from January to December 2017. Data from Healthy Baby and Healthy Start for Mom and Me groups were not collected.

Due to the change in reporting periods from the calendar year to fiscal year, the current reporting period includes data captured from January 2017 to March 2018. For comparison purposes, data has been organized in the format of calendar year (Jan to Dec 2017) and fiscal year (Apr 2017 to Mar 2018) so the data can be more meaningfully compared with the previous calendar year and future fiscal years.

**Analysis by Group**

**Number of Groups by Month** **(2017)**

|  |
| --- |
| **GROUP** |
| **Month** | **CNE** | **EAL** | **INC** | **LB** | **LIU** | **RCHW** | **RHE** | **Other** | **TOTAL** |
| **January** | 4 | 0 | 5 | 0 | 0 | 0 | 2 | 7 | 18 |
| **February** | 8 | 0 | 3 | 2 | 0 | 1 | 1 | 9 | 24 |
| **March** | 6 | 0 | 4 | 2 | 0 | 0 | 1 | 12 | 25 |
| **April** | 5 | 0 | 4 | 0 | 0 | 0 | 0 | 9 | 18 |
| **May** | 5 | 0 | 5 | 1 | 4 | 0 | 2 | 7 | 24 |
| **June** | 2 | 0 | 4 | 1 | 0 | 1 | 1 | 1 | 10 |
| **July** | 0 | 0 | 3 | 0 | 0 | 0 | 0 | 0 | 3 |
| **August** | 2 | 0 | 3 | 0 | 0 | 0 | 0 | 5 | 10 |
| **September** | 4 | 0 | 4 | 0 | 0 | 0 | 0 | 3 | 11 |
| **October** | 5 | 0 | 4 | 0 | 0 | 1 | 1 | 4 | 15 |
| **November** | 4 | 0 | 4 | 0 | 0 | 0 | 0 | 6 | 14 |
| **December** | 0 | 0 | 2 | 0 | 0 | 0 | 0 | 7 | 9 |
| **TOTAL** | 45 | 0 | 45 | 6 | 4 | 3 | 8 | 70 | 181 |

**Legend
CNE** = Community Nutrition Educator facilitated session
**EAL** = EAL Toolkit Train-the-Trainer Workshop
**INC** = Infant Nutrition Class
**LB** = Livin’ Better
**LIU** = Livin’ It Up
**RCHW** = Residential Care Home Workers Workshop
**RHE** = Raising Healthy Eaters

**Number of Groups by Month (Apr 2017 to Mar 2018)**

|  |
| --- |
| **GROUP** |
| **Month** | **CNE** | **EAL** | **INC** | **LB** | **LIU** | **RCHW** | **RHE** | **Other** | **TOTAL** |
| **April** | 5 | 0 | 4 | 0 | 0 | 0 | 0 | 9 | 18 |
| **May** | 5 | 0 | 5 | 1 | 4 | 0 | 2 | 7 | 24 |
| **June** | 2 | 0 | 4 | 1 | 0 | 1 | 1 | 1 | 10 |
| **July** | 0 | 0 | 3 | 0 | 0 | 0 | 0 | 0 | 3 |
| **August** | 2 | 0 | 3 | 0 | 0 | 0 | 0 | 5 | 10 |
| **September** | 4 | 0 | 4 | 0 | 0 | 0 | 0 | 3 | 11 |
| **October** | 5 | 0 | 4 | 0 | 0 | 1 | 1 | 4 | 15 |
| **November** | 4 | 0 | 4 | 0 | 0 | 0 | 0 | 6 | 14 |
| **December** | 0 | 0 | 2 | 0 | 0 | 0 | 0 | 7 | 9 |
| **January** | 0 | 0 | 3 | 0 | 0 | 0 | 0 | 4 | 7 |
| **February** | 4 | 0 | 5 | 1 | 0 | 0 | 1 | 4 | 15 |
| **March** | 2 | 0 | 4 | 0 | 0 | 0 | 0 | 7 | 13 |
| **TOTAL** | 33 | 0 | 45 | 3 | 4 | 2 | 5 | 57 | 149 |

**Number of Participants by Group by Month** **(2017)**

|  |
| --- |
| **GROUP**  |
| **Month** | **CNE** | **EAL** | **INC** | **LB** | **LIU** | **RCHW** | **RHE** | **Other** | **TOTAL** |
| **January** | 51 | 0 | 85 | 0 | 0 | 0 | 7 | 99 | 242 |
| **February** | 101 | 0 | 55 | 10 | 0 | 26 | 21 | 153 | 366 |
| **March** | 107 | 0 | 63 | 6 | 0 | 0 | 18 | 238 | 432 |
| **April** | 117 | 0 | 56 | 0 | 0 | 0 | 0 | 241 | 414 |
| **May** | 83 | 0 | 61 | 15 | 34 | 0 | 14 | 135 | 342 |
| **June** | 18 | 0 | 42 | 18 | 0 | 26 | 6 | 30 | 140 |
| **July** | 0 | 0 | 52 | 0 | 0 | 0 | 0 | 0 | 52 |
| **August** | 90 | 0 | 57 | 0 | 0 | 0 | 0 | 95 | 242 |
| **September** | 65 | 0 | 75 | 0 | 0 | 0 | 0 | 53 | 193 |
| **October** | 68 | 0 | 63 | 0 | 0 | 14 | 10 | 54 | 209 |
| **November** | 42 | 0 | 59 | 0 | 0 | 0 | 0 | 63 | 164 |
| **December** | 0 | 0 | 18 | 0 | 0 | 0 | 0 | 125 | 143 |
| **TOTAL** | 742 | 0 | 686 | 49 | 34 | 66 | 76 | 1286 | 2939 |

**Number of Participants by Group by Month (Apr 2017 to Mar 2018)**

|  |
| --- |
| **GROUP**  |
| **Month** | **CNE** | **EAL** | **INC** | **LB** | **LIU** | **RCHW** | **RHE** | **Other** | **TOTAL** |
| **April** | 117 | 0 | 56 | 0 | 0 | 0 | 0 | 241 | 414 |
| **May** | 83 | 0 | 61 | 15 | 34 | 0 | 14 | 135 | 342 |
| **June** | 18 | 0 | 42 | 18 | 0 | 26 | 6 | 30 | 140 |
| **July** | 0 | 0 | 52 | 0 | 0 | 0 | 0 | 0 | 52 |
| **August** | 90 | 0 | 57 | 0 | 0 | 0 | 0 | 95 | 242 |
| **September** | 65 | 0 | 75 | 0 | 0 | 0 | 0 | 53 | 193 |
| **October** | 68 | 0 | 63 | 0 | 0 | 14 | 10 | 54 | 209 |
| **November** | 42 | 0 | 59 | 0 | 0 | 0 | 0 | 63 | 164 |
| **December** | 0 | 0 | 18 | 0 | 0 | 0 | 0 | 125 | 143 |
| **January** | 0 | 0 | 62 | 0 | 0 | 0 | 0 | 39 | 101 |
| **February** | 38 | 0 | 70 | 6 | 0 | 0 | 20 | 38 | 172 |
| **March** | 70 | 0 | 61 | 0 | 0 | 0 | 0 | 80 | 211 |
| **TOTAL** | 591 | 0 | 676 | 39 | 34 | 40 | 50 | 953 | 2383 |

**Number of Groups by Group by Community Area** **(2017)**

|  |
| --- |
| **GROUP** |
| **Community Area** | **CNE** | **EAL** | **INC** | **LB** | **LIU** | **RCHW** | **RHE** | **Other** | **TOTAL** |
| **Assiniboine South** | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 2 |
| **Downtown** | 8 | 0 | 0 | 0 | 0 | 0 | 1 | 7 | 16 |
| **Fort Garry** | 3 | 0 | 13 | 0 | 0 | 0 | 2 | 7 | 25 |
| **Inkster** | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 3 | 3 |
| **Point Douglas** | 0 | 0 | 0 | 0 | 4 | 0 | 2 | 16 | 22 |
| **River East** | 12 | 0 | 5 | 0 | 0 | 0 | 0 | 8 | 25 |
| **River Heights** | 0 | 0 | 4 | 0 | 0 | 0 | 1 | 1 | 6 |
| **Seven Oaks** | 1 | 0 | 1 | 4 | 0 | 0 | 0 | 2 | 8 |
| **St. Boniface** | 1 | 0 | 6 | 0 | 0 | 0 | 0 | 7 | 14 |
| **St. James Assiniboia** | 5 | 0 | 5 | 0 | 0 | 3 | 1 | 11 | 25 |
| **St. Vital** | 10 | 0 | 6 | 0 | 0 | 0 | 0 | 1 | 17 |
| **Transcona** | 3 | 0 | 5 | 20 | 0 | 0 | 1 | 6 | 35 |
| **TOTAL** | 45 | 0 | 45 | 24 | 4 | 3 | 8 | 69 | 198 |

**Note:** The Seven Oaks/Inkster PHD was on leave from May 2017 to March 2018. Her full-time position was filled at 0.5 EFT to cover Healthy Baby/Healthy Start groups, therefore there was no coverage for other public health work, resulting in a lower number of non-HB/HS groups conducted for this reporting period in those two community areas.

**Number of Groups by Group by Community Area (Apr 2017 to Mar 2018)**

|  |
| --- |
| **GROUP** |
| **Community Area** | **CNE** | **EAL** | **INC** | **LB** | **LIU** | **RCHW** | **RHE** | **Other** | **TOTAL** |
| **Assiniboine South** | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 5 |
| **Downtown** | 5 | 0 | 0 | 1 | 0 | 0 | 1 | 7 | 14 |
| **Fort Garry** | 2 | 0 | 13 | 0 | 0 | 0 | 1 | 10 | 26 |
| **Inkster** | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 3 | 3 |
| **Point Douglas** | 0 | 0 | 1 | 0 | 4 | 0 | 0 | 7 | 12 |
| **River East** | 5 | 0 | 5 | 0 | 0 | 0 | 0 | 5 | 15 |
| **River Heights** | 0 | 0 | 3 | 0 | 0 | 0 | 1 | 1 | 5 |
| **Seven Oaks** | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 3 |
| **St. Boniface** | 1 | 0 | 6 | 0 | 0 | 0 | 0 | 6 | 13 |
| **St. James Assiniboia** | 4 | 0 | 5 | 0 | 0 | 2 | 1 | 8 | 20 |
| **St. Vital** | 7 | 0 | 6 | 0 | 0 | 0 | 0 | 2 | 15 |
| **Transcona** | 3 | 0 | 5 | 2 | 0 | 0 | 1 | 7 | 18 |
| **TOTAL** | 33 | 0 | 45 | 3 | 4 | 2 | 5 | 57 | 149 |

*

**Note:** For the quarter Jan to Mar 2018, the PHD for River Heights moved to Access Fort Garry. INCs facilitated by the River Heights PHD were held at Access Fort Garry.

**Number of Participants by Group by Community Area** **(2017)**

|  |
| --- |
| **GROUP** |
| **Community Area** | **CNE** | **EAL** | **INC** | **LB** | **LIU** | **RCHW** | **RHE** | **Other** | **TOTAL** |
| **Assiniboine South** | 34 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 34 |
| **Downtown** | 111 | 0 | 0 | 0 | 0 | 0 | 10 | 92 | 213 |
| **Fort Garry** | 45 | 0 | 183 | 0 | 0 | 0 | 27 | 73 | 328 |
| **Inkster** | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 50 | 50 |
| **Point Douglas** | 0 | 0 | 0 | 0 | 34 | 0 | 7 | 358 | 399 |
| **River East** | 191 | 0 | 76 | 0 | 0 | 0 | 0 | 123 | 390 |
| **River Heights** | 0 | 0 | 23 | 0 | 0 | 0 | 5 | 4 | 32 |
| **Seven Oaks** | 70 | 0 | 7 | 16 | 0 | 0 | 0 | 22 | 115 |
| **St. Boniface** | 3 | 0 | 116 | 0 | 0 | 0 | 0 | 149 | 268 |
| **St. James Assiniboia** | 224 | 0 | 83 | 0 | 0 | 66 | 6 | 248 | 627 |
| **St. Vital** | 199 | 0 | 121 | 0 | 0 | 0 | 0 | 7 | 327 |
| **Transcona** | 56 | 0 | 77 | 33 | 0 | 0 | 21 | 160 | 347 |
| **TOTAL** | 933 | 0 | 686 | 49 | 34 | 66 | 76 | 1286 | 3130 |

**Number of Participants by Group by Community Area (Apr 2017 to Mar 2018)**

|  |
| --- |
| **GROUP** |
| **Community Area** | **CNE** | **EAL** | **INC** | **LB** | **LIU** | **RCHW** | **RHE** | **Other** | **TOTAL** |
| **Assiniboine South** | 52 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 52 |
| **Downtown** | 57 | 0 | 0 | 6 | 0 | 0 | 10 | 104 | 177 |
| **Fort Garry** | 34 | 0 | 176 | 0 | 0 | 0 | 9 | 126 | 345 |
| **Inkster** | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 50 | 50 |
| **Point Douglas** | 0 | 0 | 6 | 0 | 34 | 0 | 0 | 49 | 89 |
| **River East** | 157 | 0 | 68 | 0 | 0 | 0 | 0 | 77 | 302 |
| **River Heights** | 0 | 0 | 21 | 0 | 0 | 0 | 5 | 4 | 30 |
| **Seven Oaks** | 70 | 0 | 7 | 0 | 0 | 0 | 0 | 8 | 85 |
| **St. Boniface** | 3 | 0 | 110 | 0 | 0 | 0 | 0 | 145 | 258 |
| **St. James Assiniboia** | 32 | 0 | 86 | 0 | 0 | 40 | 6 | 233 | 397 |
| **St. Vital** | 130 | 0 | 119 | 0 | 0 | 0 | 0 | 11 | 260 |
| **Transcona** | 56 | 0 | 83 | 33 | 0 | 0 | 20 | 146 | 338 |
| **TOTAL** | 591 | 0 | 676 | 39 | 34 | 40 | 50 | 953 | 2383 |

**Legend
CNE** = Community Nutrition Educator facilitated session
**EAL** = EAL Toolkit Train-the-Trainer Workshop
**INC** = Infant Nutrition Class
**LB** = Livin’ Better
**LIU** = Livin’ It Up
**RCHW** = Residential Care Home Workers Workshop
**RHE** = Raising Healthy Eaters

**Legend
CNE** = Community Nutrition Educator facilitated session
**EAL** = EAL Toolkit Train-the-Trainer Workshop
**INC** = Infant Nutrition Class
**LB** = Livin’ Better
**LIU** = Livin’ It Up
**RCHW** = Residential Care Home Workers Workshop
**RHE** = Raising Healthy Eaters

**Analysis by Type of Group**

In September 2017, a new data collection form was introduced which allowed groups to be categorized as direct, indirect, train-the-trainer and/or regional. Because the quarter July to September 2017 includes data collected using both the old and new data collection forms, a table detailing the number of groups by the type of group was not able to be generated. The data below is grouped by quarter for comparison with previous and future years.

**Number of Types of Groups by Month**

January to March 2017

|  |
| --- |
| **GROUP TYPE**  |
| **Month** | **Direct** | **Indirect** | **Train-the-Trainer** | **TOTAL** |
| **January** | 11 | 7 | 1 | 19 |
| **February** | 10 | 14 | 2 | 26 |
| **March** | 10 | 14 | 4 | 28 |
| **TOTAL** | 31 | 35 | 7 | 73 |

 **Note:** Some groups may have been both direct and

indirect, i.e. both a public health

 dietitian/nutritionist and a trainee may have been

 present at the group. Therefore the group could

 have been counted twice.

April to June 2017

|  |
| --- |
| **GROUP TYPE**  |
| **Month** | **Direct** | **Indirect** | **Train-the-Trainer** | **TOTAL** |
| **April** | 11 | 7 | 0 | 18 |
| **May** | 16 | 7 | 1 | 24 |
| **June** | 5 | 4 | 1 | 10 |
| **TOTAL** | 32 | 18 | 2 | 52 |

October to December 2017

|  |
| --- |
| **GROUP TYPE**  |
| **Month** | **Direct** | **Indirect** | **Both Direct & Indirect** | **Train-the-Trainer** | **Regional** |
| **October** | 10 | 5 | 0 | 4 | 3 |
| **November** | 8 | 6 | 0 | 2 | 2 |
| **December** | 7 | 2 | 0 | 5 | 4 |
| **TOTAL** | 25 | 13 | 0 | 11 | 9 |

January to March 2018

|  |
| --- |
| **GROUP TYPE**  |
| **Month** | **Direct** | **Indirect** | **Both Direct & Indirect** | **Train-the-Trainer** | **Regional** |
| **January** | 7 | 1 | 0 | 1 | 1 |
| **February** | 10 | 5 | 0 | 0 | 0 |
| **March** | 8 | 3 | 2 | 3 | 3 |
| **TOTAL** | 23 | 9 | 2 | 4 | 4 |

Note: Some groups may have been both direct and indirect, i.e. both a public health dietitian/nutritionist and a trainee may have been present at the group.

**Analysis by Age Group**

**Number of Groups by Age Group by Month** **(2017)**

|  |
| --- |
| **AGE GROUP** |
| **Month** | **P** | **SAC** | **Y** | **US** | **A** | **PW** | **F** | **S** | **TOTAL** |
| **January** | 0 | 2 | 2 | 0 | 8 | 0 | 6 | 2 | 20 |
| **February** | 0 | 3 | 2 | 0 | 8 | 0 | 7 | 6 | 26 |
| **March** | 0 | 5 | 1 | 3 | 8 | 0 | 7 | 8 | 32 |
| **April** | 2 | 0 | 0 | 0 | 5 | 0 | 12 | 2 | 21 |
| **May** | 2 | 3 | 4 | 0 | 14 | 0 | 8 | 2 | 33 |
| **June** | 0 | 0 | 0 | 0 | 4 | 0 | 5 | 1 | 10 |
| **July** | 0 | 0 | 0 | 0 | 1 | 0 | 2 | 0 | 3 |
| **August** | 0 | 1 | 0 | 0 | 6 | 0 | 3 | 0 | 10 |
| **September** | 0 | 0 | 1 | 1 | 3 | 0 | 4 | 2 | 11 |
| **October** | 0 | 1 | 0 | 0 | 9 | 0 | 7 | 0 | 17 |
| **November** | 0 | 0 | 1 | 0 | 8 | 0 | 5 | 2 | 16 |
| **December** | 0 | 0 | 2 | 4 | 1 | 0 | 2 | 0 | 9 |
| **TOTAL** | 4 | 15 | 13 | 8 | 75 | 0 | 68 | 25 | 208 |

**Legend**
P = Preschoolers
SAC = School Aged Children
Y = Youth
US = University Students
A = Adults
PW = Pregnant Women
F = Families
S = Seniors

**Number of Groups by Age Group by Month (Apr 2017 to Mar 2018)**

|  |
| --- |
| **AGE GROUP** |
| **Month** | **P** | **SAC** | **Y** | **US** | **A** | **PW** | **F** | **S** | **TOTAL** |
| **April** | 2 | 0 | 0 | 0 | 5 | 0 | 12 | 2 | 21 |
| **May** | 2 | 3 | 4 | 0 | 14 | 0 | 8 | 2 | 33 |
| **June** | 0 | 0 | 0 | 0 | 4 | 0 | 5 | 1 | 10 |
| **July** | 0 | 0 | 0 | 0 | 1 | 0 | 2 | 0 | 3 |
| **August** | 0 | 1 | 0 | 0 | 6 | 0 | 3 | 0 | 10 |
| **September** | 0 | 0 | 1 | 1 | 3 | 0 | 4 | 2 | 11 |
| **October** | 0 | 1 | 0 | 0 | 9 | 0 | 7 | 0 | 17 |
| **November** | 0 | 0 | 1 | 0 | 8 | 0 | 5 | 2 | 16 |
| **December** | 0 | 0 | 2 | 4 | 1 | 0 | 2 | 0 | 9 |
| **January** | 0 | 0 | 1 | 0 | 2 | 0 | 2 | 0 | 5 |
| **February** | 0 | 0 | 2 | 0 | 9 | 0 | 4 | 0 | 15 |
| **March** | 0 | 0 | 2 | 2 | 6 | 0 | 3 | 0 | 13 |
| **TOTAL** | 4 | 5 | 13 | 7 | 68 | 0 | 57 | 9 | 163 |

**Note:** Some groups were attended by individuals of various age groups, e.g. pregnant women and preschoolers. Therefore

a group could be counted more than once.

**Analysis by Audience**

**Number of Groups by Audience by Month**

|  |
| --- |
| **AUDIENCE**  |
| **Month** | **LI** | **N** | **M** | **ODP** | **Other** | **TOTAL** |
| **January** | 3 | 1 | 4 | 6 | 4 | 18 |
| **February** | 3 | 1 | 10 | 5 | 6 | 25 |
| **March** | 4 | 3 | 15 | 7 | 5 | 34 |
| **April** | 2 | 2 | 6 | 5 | 5 | 20 |
| **May** | 7 | 0 | 10 | 1 | 4 | 22 |
| **June** | 0 | 0 | 6 | 0 | 2 | 8 |
| **TOTAL** | 19 | 7 | 51 | 24 | 26 | 127 |

**Legend**
LI = Low Income
N = Newcomer
M = Mixed
ODP = Other Disadvantaged Population
Other = Other audience

The “Audience” category is an attempt to capture data on those who are being provided services which are disadvantaged. We recognize that it is subjective. An individual may belong to more than one category (e.g. low income and newcomer) or a group may be attended by a variety of individuals, in which case “Mixed” would be chosen and additional descriptors may be listed.

**Legend**
LI = Low Income
N = Newcomer
M = Mixed
ODP = Other Disadvantaged Population
Other = Other audience

**Legend**
LI = Low Income
N = Newcomer
M = Mixed
ODP = Other Disadvantaged Population
Other = Other audience

**Legend**
LI = Low Income
N = Newcomer
M = Mixed
ODP = Other Disadvantaged Population
Other = Other audience

**Legend**
LI = Low Income
N = Newcomer
M = Mixed
ODP = Other Disadvantaged Population
Other = Other audience

**Legend**
LI = Low Income
N = Newcomer
M = Mixed
ODP = Other Disadvantaged Population
Other = Other audience

The new data collection form introduced in September 2017 collects information related to activities that touch on health equity in the Strategic Priorities section under the Health Equity heading. This change recognized the subjectivity of capturing information on the audience through having the Public Health Dietitian/Nutritionist categorize participants as low income, newcomer or from other disadvantaged populations.

Because the quarter July to September 2017 includes data collected using the old and new data collection form, a data table listing the number of groups by audience for all three months could not be generated.