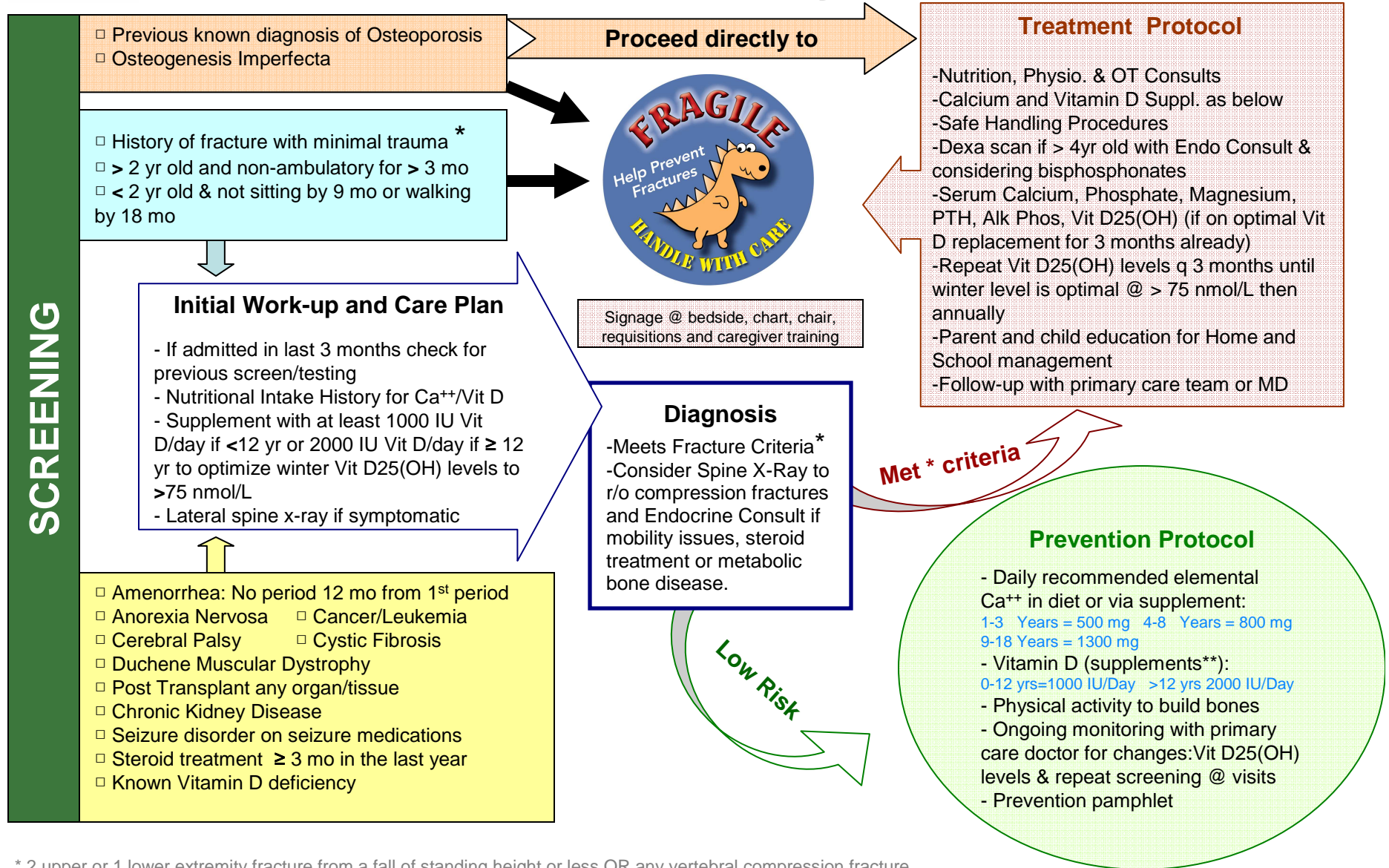


# Bone Health Algorithm



\* 2 upper or 1 lower extremity fracture from a fall of standing height or less OR any vertebral compression fracture

\*\* Cholecalciferol is the preferred supplement if acutely Vit D deficient: Use D drops, D-Vi-Sol, Pediavit D and D3 generics

**Pediatric Osteoporosis Diagnosis = \* plus a low DEXA Scan**

All above recommendations are from the Bone Health Project Committee at Winnipeg Children's Hospital

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