



JULY 2015

Notice of Change to the WRHA Public Health Management of CHLAMYDIA

All health care providers serving CHLAMYDIA positive clients:

Effective July 2015, the WRHA Healthy Sexuality & Harm Reduction (HSHR) team will no longer provide case and contact management to *Chlamydia trachomatis* (CT) positive clients aged 25 years and older (with certain exceptions below).

Although this change pertains to the WRHA only, the policy will potentially affect patients that do not live in Winnipeg. Therefore a Manitoba-wide communication is important to ensure appropriate management of the high-priority populations. **The following CT cases will continue to receive public health involvement, regardless of age:**

- ✓ Pregnancy
- ✓ Known HIV+
- ✓ Positive CT result, but no documented treatment
- ✓ Extragenital specimen site
- ✓ Health care provider/region request for HSHR follow-up due to client circumstances, for example client compromised ability to self-manage (will be managed on case-by-case basis)

Sexual **contacts** to chlamydia gathered by testing practitioners and reported to Manitoba Health on a Notification of Sexually Transmitted Disease (NSTD) Form will continue to be followed up by the HSHR team according to present guidelines, regardless of age. There will be no changes to the follow-up of **contacts**.

Health Care Providers are encouraged to complete the following actions when managing a CT case:

- ✓ Ensure all relevant information is correctly entered on lab requisitions, e.g. prenatal testing/pregnancy, specimen site, multiple testing. This will help determine the appropriate follow-up.
- ✓ If your facility completes an NSTD form, please be sure to indicate on the NSTD form if the client does not receive treatment or is pregnant.
- ✓ If your facility **DOES NOT** fill out an NSTD form, be advised HSHR will not follow up with your clients aged 25 years and older, who do not meet the above priority criteria. HSHR will not contact your office to elicit information regarding these cases.
- ✓ Please contact HSHR directly at 204-940-2509 if you would like public health assistance with a CT case aged 25 years or older. HSHR will prioritize cases according to the criteria outlined above.

CT cases and contacts less than 25 years will see no change in care.