

Postpartum Visit (approximately 6 weeks postpartum)

Patient Concerns: [null]
Weeks postpartum: [null]
Parity: G [null] P [null] SA [null] TA [null]
Type of delivery: [vaginal|forcep |vacuum assisted |C-section]
Weeks gestation: [null]
[single baby|twins]
Episiotomy: [yes|no]
Degree of tear: [first|second|third|not applicable]
Current lochia: [rubra|alba|serosa|none]

Issues with pregnancy: [mood|GMD|HTN|none]

Baby's ongoing primary care: [pediatrician|Corydon Primary Care]
Health of baby: [null]
Mom aware of immunization schedule for baby: [yes|no]

Number of children in home: [null]
Mom identifies enough support in home: [yes|no]
Edinburgh Postpartum Depression Scale screening score:
Sexually active: [yes|no]
Type of contraception used in past: [null]
Contraception preference now: [null]

How is baby being fed: [breast|bottle]
Concerns regarding feeding: [yes|no]
Concerns about status of breasts: [lactation suppression|engorgement|cystitis|sore nipples]
Sources of lactation support being used: [PHN| LaLeche]

Bowel concerns: [constipation|diarrhea|hemorrhoids|pain|hematochezia]

Bladder concerns: [frequency|urgency|stress incontinence| dysuria]

Maternity leave plans: [null]

Pt's thoughts about transitioning to parenthood: [null]
Concerns about affording: [baby care supplies|medication|food|household bills]

Most recent pap smear and result: [null]
Tdap up to date: [yes|no]
Flu shot up to date: [yes|no]
MMRV up to date if identified as susceptible prenatally: [yes|no]

Signs/symptoms of DVT or PE: [yes|no]

O: BP/HR/weight as noted

Thyroid:

Breast:

Abd:

[null|C-section incision]

External Pelvic:

A: Postpartum [null] weeks

P:

1. Contraception: use, pros, cons, adverse effects reviewed.[Rx given|not applicable]
2. Reviewed strategies for [sleep|nutrition|hydration]
3. Concerns identified above: [mood|gestational diabetes|gestational HTN|support|attachment|health of baby|breastfeeding|bowel concerns|bladder concerns|finances|pap screening|immunization|physical assessment]
4. Plans for identified concerns:
5. Advised follow-up: