

DATE: JUN 08 2018

TO: NHR CEO
SH-SS CEO
WRHA CEO
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SMHC CEO
Eden CEO
MATC CEOFROM: Karen Herd,
DM Health, Seniors and Active Living**SUBJECT: Cannabis Education**

To prepare for legalization of recreational cannabis approaching this summer, Manitoba Health Seniors and Active Living has partnered with the Addictions Foundation of Manitoba and Manitoba Education and Training to compile the attached package of resources for schools and school divisions. These resources have been distributed to all schools across the province including First Nation Schools. These resources are being shared for your use and distribution in your programming.

In order to ensure public health and other practitioners are likewise prepared for legal cannabis, we ask that you distribute to your networks, for example primary care clinics, teen clinics, mental health workers, public health nurses, and community health promoters. Our aim is to provide current, factual information that will help youth allies and others to be informed about cannabis use. We have made the addition of an infographic prepared by Manitoba Public Insurance about drug impaired driving given that multiple audiences can be reached through your contacts.

According to the 2014/15 Canadian Student Tobacco, Alcohol and Drugs Survey (CSTADS), 32% of Manitoba students grades 7 – 12 reported having tried cannabis, 10% higher than the national rate. Youth are also trying cannabis at a young age: 14 years of age on average. There is evidence that cannabis is increasingly socially acceptable and that many students are using cannabis before they have the cognitive development to understand the potential consequences.

In order to ensure that departmental agencies and health authorities are similarly prepared for legal cannabis, we ask that you consider sharing this information with the most relevant networks through your departments. Our aim is to provide current, factual information that will help youth allies to be informed about the potential risks of cannabis use.

If you have any questions, please contact Ciara Shattuck, Policy Analyst, Ciara.Shattuck@gov.mb.ca. For more information about cannabis, addictions more generally, or where to get support, please visit the Addictions Foundation of Manitoba's website: www.afm.mb.ca.

In the near future, you will also be able to access this and other information concerning cannabis on the MHSAL website <https://www.gov.mb.ca/health/>


for Karen Herd, CA

Attachments

Where to find these documents:

Cannabis Use Guidelines - <http://crismontario.ca/research-projects/lower-risk-cannabis-use-guidelines>

Fact & Fiction about marijuana - <http://www.ccdus.ca/Resource%20Library/CCSA-Marijuana-Fact-and-Fiction-Infographic-2016-en.pdf#search=fact%20and%20fiction>

Know the Health Effects - <http://www.ccsa.ca/Resource%20Library/CCSA-Know-Health-Effects-Marijuana-Infographic-2018-en.pdf>

Clearing the Smoke on Cannabis- <http://www.ccsa.ca/Resource%20Library/CCSA-Clearing-the-Smoke-on-Cannabis-Highlights-2016-en.pdf>

AFM's Knowledge Exchange Center, which includes a lending library and/or visit: <http://www.afm.mb.ca>

MPI 5 Myths: <https://www.mpi.mb.ca/en/PDFs/5Myths.pdf>