
 <p>Winnipeg Regional Health Authority Office régional de la santé de Winnipeg Caring for Health À l'écoute de notre santé</p> <p>PRIMARY HEALTH CARE OPERATIONAL GUIDELINES</p>	Operational Guideline: Basic Life Support Training	Guideline Number: PCOG#13
	Approved By: Community Primary Care Council	Pages: Page 1 of 4
	Approval Date: July 13, 2018	Supercedes: July 24, 2015

1. INTENT:

- To standardize and provide direction for all Primary Care staff regarding the minimum level of Basic Life Support training required in order to maximize patient safety in Primary Health Care
- To identify the Basic Life Support (Emergency and Cardiopulmonary Resuscitation) training necessary and resources/reference material available to support a Code Blue response:
 - [WRHA Regional Policy #110.050.040 - Cardiopulmonary Resuscitation Training](#)
 - [PCOG#6 - Emergency Response Training in Primary Care](#)
 - [PCPG#11 - Emergency Response: Use of Automated External Defibrillator \(AED\) for Sudden Cardiac Arrest](#)
 - [Primary Care Emergency Practice Guidelines \(Assorted\)](#)

2. DEFINITIONS:

- Cardiopulmonary Resuscitation (CPR)** - An emergency procedure that combines chest compressions often with artificial respiration in an effort to manually preserve intact brain function until further measures are taken to restore spontaneous blood circulation and breathing in a person who is in cardiac arrest.
- Automated External Defibrillator (AED)** - A portable electronic device that is connected to an individual with electrode pads to automatically analyze a patient's heartbeat and guide the user to correctly deliver an electric shock. It also provides instruction on how to proceed following defibrillation.
- Basic Life Support** - Is the foundation for saving lives after cardiac arrest. It is designed for healthcare professionals and trained first responders who provide care to patients in a variety of settings (including Community), and teaches both single-rescuer and team basic life support skills.
- Basic Life Support training®** - Offered through Heart and Stroke Foundation of Canada, it teaches learners to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED. It includes adult, child, and infant rescue techniques.
- Code Blue** – An Emergency Code used to notify staff when an individual requires the resources of the Code Blue Response Team. Code Blue (cardio-pulmonary arrest) is one emergency code found on the WRHA regionally approved color code emergency response system currently in place across WRHA Community Offices/Clinics, Hospitals and Personal Care Homes.
- Code Blue Response Team** - Consists of staff assigned to respond to Code Blues within designated service areas/facilities. The membership of the Code Blue Response Team is identified by individual sites and may consist of Physicians, Physician Assistants, Nurse Practitioners, Nurses, Midwives and designated Clinical Support Staff (Primary Care Assistants, Unit Clerks, Health Care Aides, etc).

 <p>Winnipeg Regional Health Authority Office régional de la santé de Winnipeg Caring for Health À l'écoute de notre santé</p> <p>PRIMARY HEALTH CARE OPERATIONAL GUIDELINES</p>	Operational Guideline: Basic Life Support Training	Guideline Number: PCOG#13
	Approved By: Community Primary Care Council	Pages: Page 2 of 4
	Approval Date: July 13, 2018	Supercedes: July 24, 2015

3. **GUIDELINE:**

3.1 **Basic Life Support** training® is designed for healthcare professionals who provide direct primary care to patients and as a result of their role, may be involved with providing medical assistance to a pre-arrest patient or a Code Blue patient in medical distress.

Roles included: Physicians, Physician Assistants, Nurse Practitioners, Primary Care Nurses, Midwives, Pharmacists and designated Clinical Support Staff.

Roles excluded: Shared Care Counsellors, Dietitians, Community Outreach Workers, Social Workers, Speech Language Pathology, Audiology, Phlebotomy, Occupational Therapy, Physiotherapy, Psychology and Psychiatry.

3.2 The Team Manager (or designate) is responsible for ensuring staff who provide direct primary care to patients have successfully completed the appropriate training. Within the WRHA Primary Care Clinic setting, **Basic Life Support** training® is required.

3.3 Additionally, the development of a Code Blue strategy or response plan is required at each site/clinic. This will involve educating all members of the Code Blue Response Team regarding their role during a Code Blue event. Training preparation should include participation in mock emergencies, understanding of regional and facility Code Blue procedures and processes, location and maintenance of emergency equipment, recognition of signs and symptoms of a pre-arrest patient, operation of AED, closed loop communication and appropriate documentation of events. See [PCOG#6 - Emergency Response Training in Primary Care](#) for more detail.


3.4 While staff should be allowed time to complete the necessary training during work hours, clinic operations take priority over pre-scheduled training opportunities.

3.5 BLS Renewal Course Prerequisites: The prerequisite for admission to Heart & Stroke's BLS Renewal course is current Heart & Stroke BLS Provider certification (taken within the last 12 months and current to the most recent Guidelines release) or successful completion of the online Heart & Stroke BLS Renewal Prerequisite Challenge. Individuals without one of these prerequisites are not permitted to attend the Heart & Stroke BLS Renewal course.

3.6 The Team Manager (or designate) shall maintain a current list of all staff having completed **Basic Life Support** training®, completion date of initial training and/or completion date of each subsequent refresh training.

3.7 Once initial training is complete, expectation is an annual refresh be scheduled.
Note: All Heart and Stroke, Basic Life Support training® completion cards are valid for one year from the date of successful course completion.

3.8 Each Primary Care Clinic will be responsible for paying the cost of **Basic Life Support** training® and materials from that clinic's respective Operating Budget for any WRHA employee if identified as a condition of ongoing employment.

 <p>PRIMARY HEALTH CARE OPERATIONAL GUIDELINES</p>	Operational Guideline: Basic Life Support Training	Guideline Number: PCOG#13
	Approved By: Community Primary Care Council	Pages: Page 3 of 4
	Approval Date: July 13, 2018	Supercedes: July 24, 2015

Note: Per the *Winnipeg Independent Contractor GP Agreement*, Physicians are Independent Contractors and self-employed with respect to the practice of medicine. Physicians are responsible for any cost associated with **Basic Life Support training®**.

4 **REFERENCES:**

- May/June 2018 - Consultation with Primary Health Care Leadership Team, Regional Primary Health Care Quality Team and Lissa Currie (Coordinator, WRHA Critical Care Education)
- [Heart and Stroke Foundation - Training Courses](#)
- [WRHA Regional Policy #110.050.040 - Cardiopulmonary Resuscitation Training](#)

5 **PRIMARY CONTACTS:**

- Jo-Anne Kilgour – Program Specialist, WRHA Primary Health Care
- Kevin Mozden – Program Specialist, WRHA Primary Health Care

6 **ALTERNATE CONTACTS:**

- Maria Cotroneo – Director, WRHA Primary Health Care
- Dr. Sheldon Permack – Medical Director, WRHA Primary Health Care

SCOPE:


Applicable to all WRHA Primary Care Direct Operated Clinics, Walk-In Connected Care Clinics, Interprofessional Team Demonstration Initiative (ITDI) and My Health Teams

REGISTRATION INFORMATION

Basic Life Support Training® Courses:

- *Approximated: BLS 4 hours with a Registration Cost of \$89 includes training + material/manual \$16.50*
- *Approximated: BLS Renewal 2.5 hours with a Registration Cost of \$50 includes training + material/manual \$16.50* **NOTE:** if new guideline has been released may have to re-purchase for most current version to be made available otherwise staff would have the most current version from previous certification

*Registration for **Basic Life Support training®** can be completed on-line via the [Heart and Stroke Foundation - Training Courses](#) website. The online course search functionality lets you search by program, level, course type, date range, and province to obtain a list of courses offered across Canada. **NOTE:** The search functionality is sensitive so if you experience difficulty in locating course options in

 <p>Winnipeg Regional Health Authority Office régional de la santé de Winnipeg Caring for Health À l'écoute de notre santé</p> <p>PRIMARY HEALTH CARE OPERATIONAL GUIDELINES</p>	<p>Operational Guideline: Basic Life Support Training</p>	<p>Guideline Number: PCOG#13</p>
	<p>Approved By: Community Primary Care Council</p>	<p>Pages: Page 4 of 4</p>
	<p>Approval Date: July 13, 2018</p>	<p>Supercedes: July 24, 2015</p>

Manitoba, please contact Heart and Stroke Foundation direct for assistance with registration.