In 2018-19, an outcomes evaluation process and tools were developed for several Health Management Group Guide Programs that were harmonized across teams by that time. This work was produced by the Centre for Healthcare Innovation (CHI) in collaboration with a large number of primary care teams. Below are details on the evaluation tools available and the tools themselves.

The final summary report on the work is here:



**Note:** **For the Diabetes and Heart Health programs the tools developed in 2019 are not ready for use as provided.** They would need to be re-worked slightly by the group of facilitators who deliver the Diabetes and Heart Health Programs to fit the current program model. These 2 programs have been altered since the development of these evaluation tools. Measures within the tools would still be relevant to use to conduct outcomes evaluation on these programs. Evaluation of the full programs would be recommended, (so pre- and post the 4-session program for Diabetes and pre- and post the 2-session Heart Health program; not pre and post evaluation of each class).

1. **Commit to Quit**

Commit to Quit evaluation includes 3 pieces:

1. Group Facilitators for **Commit to Quit** to indicate the individual’s tobacco status prior to the group program and update their tobacco status post group session # 4. Refer *to* [*PCPG#12 Implementation Tobacco Use and Dependence (APPENDIX C-Tobacco Reduction Cessation Entry into EMR)*](https://professionals.wrha.mb.ca/old/professionals/primary-care-providers/guidelines_primarycare.php)for instruction on how to do this.
2. Pre & Post program evaluations:

 

1. A 3-month and 6-month follow-up using the **Commit to Quit** post-survey are also to be completed by each participant, and their tobacco use status updated in the tobacco band in EMR.



1. **Craving Change**



1. **Diabetes**

See note in **bold** at top, regarding use of the Diabetes and Heart Health surveys in the future.

|  |  |  |
| --- | --- | --- |
| **Session** | **Pre & Post - English** | **Pre & Post - French** |
| Diabetes Essentials |  |  |
| Diabetes and Eating |  |  |
| Diabetes Mind and Body Wellness |  |  |

1. **Heart Health**

See note in bold at top, regarding use of the Diabetes and Heart Health surveys in the future.

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| **Session** | **Pre & Post - English** | **Pre & Post - French** |
| Heart Health Essentials |  |  |
| Eating for Heart Health |  |  |