

[null|open: <http://www.rourkebabyrecord.ca/walk1.asp> for evidence links and information]

[null|open new Rourke]

[null|check for email address]

### 1-2 WEEK OLD NEWBORN VISIT:

S: Obstetrical history: complete box at top left of Rourke [done]

Parental concerns: [none voiced | (list:)]

#### **NUTRITION:**

[null|Breastfeeding:]

[null|Latch:]

(link to LATCH tool, WRHA Breastfeeding Guidelines, page 71: <http://www.wrha.mb.ca/extranet/eipt/database.php>

NOTE: If baby wants to feed, encourage this during the visit to assess latch)

[null|Formula feeding:]

[null|Iron fortified: [yes|no, comments:]]

[null|150ml(5oz)/kg/day? [yes|no, comments:]]

Combination feeding? [Yes|No] If yes, describe in detail:

Vitamin D amount: (See Health Care Professional Tips document):

If none, indicate why:

Demand feed: [yes|no, comments:]

What does demand feeding mean to you?

Tell me how it's been for you with the feeding....for example, how do you know if your baby is hungry?

Cue interpretation:

Cluster feeds:

Number of feeds/day (8+):

Growth spurts:

Minimum/maximum length of time between feeds:

Longest sleep cycle:

Where is infant sleeping? (red flag: co-sleeping):

#### OUTPUT:

Stool pattern (describe):

Urine output (6-10 wet diapers/day): [yes|no, comments:]

#### EDUCATION & ADVICE (in addition to Rourke, also review):

##### Attachment:

Not all mothers bond with their babies right away, it's normal for that bond to take a little time to form. How are you feeling about the bond between you and your baby?

##### Whooley Depression Screen (See Health Care Professional Tips for interpretation):

1. During the past month, have you often been bothered by feeling down, depressed, or hopeless? [Yes|No]

2. During the past month, have you often been bothered by little interest or pleasure in doing things? [Yes|No]

Support for Mom? [yes|no|comments:]

Refer to Mental Health Resource Guide for Health Care Professionals <http://home.wrha.mb.ca/prog/mentalhealth/promotion.php>

Do you have difficulty making ends meet at the end of each month? [Yes|No]

Refer to Child Poverty: A Practical Tool for Primary Care <http://www.gov.mb.ca/health/primarycare/providers/povertytool.html>

Dental care discussed: Start cleaning baby's gums right after birth. Wipe them twice a day with a clean and damp washcloth [Yes|No]

Given Resource for WRHA Newborn to 6 months: [http://www.wrha.mb.ca/healthinfo/preventill/oral\\_child.php](http://www.wrha.mb.ca/healthinfo/preventill/oral_child.php)

Where is infant sleeping? (red flag: co-sleeping):

O: See Rourke physical section

#### A & P: 1-2 week old newborn: growth curves on track

1) Any identified concerns? [no|yes, comments and plan:]

2) Identified breastfeeding or formula feeding concerns? [no|yes, comments and plan:]

3) Average # of grams weight gain per week: \_\_\_\_\_ grams (should be 115-230 grams / week in first 3 months)

Has infant regained birth weight at 2 weeks age? [yes|no, comments and plan:]

Any problems with weight gain? [no|yes, comments and plan:]

4) Provided with “Baby’s Best Chance” booklet if necessary (see #7 re emailing parents resource list)

5) Given Rourke Baby Record Well Baby Resource Sheets 1-2 weeks: <http://www.rourkebabyrecord.ca/parents/>

6) Return to clinic at 1 month of age

7) Link diagnosis v202 (routine infant or child health check)

8) Can parent access online resources? If yes, send task to designated Clinical Support Staff to email list of on-line resources to parents in addition to the ones provided above