

**WELL-BABY/CHILD RESOURCE REFERENCE SHEET for ACCORDION FILE:**

1. Collaborative Care document (word doc)
2. Breastmilk....your baby's first food (WRHA doc)
3. Breastfeeding –Signs that your baby is Breastfeeding well –first three weeks (WRHA photocopy)
4. Breastfeeding and Baby's Teeth (Healthy Smile Happy Child doc)
5. Breastfeeding Drop-in and Support (photocopy)
6. Breast pumps for sale or rent (photocopy)
7. Infant formula with iron (WRHA doc)
8. Postpartum Depression (WRHA doc)
9. Coping with Change: a new mother's guide (WHC doc)
10. Safe Sleeping for Baby (WRHA doc)
11. Is Your Child Safe? Sleep Time (Health Canada doc)
12. Is your Child Safe? (Health Canada doc)
13. A Parent's Guide to Immunization (PHAC doc)
14. Feeding your baby 6 months to 1 year (WRHA doc)
15. "Feeding your baby solid foods" workshop info sheet (word doc – WRHA)
16. Cups for babies (photocopy)
17. Is your Child Safe? Play Time (Health Canada doc)
18. Kids in Motion (Winnipeg in Motion doc)

**WELL-BABY/CHILD RESOURCE REFERENCE SHEET for ACCORDION FILE:**

19. Feeding your child: 8 months to 2 years old (WRHA doc)
20. Iron....a nine month old baby needs more than an adult man (Beef Information Centre)
21. Triple P Parenting card
22. Feeding your child: 2 to 5 years old (WRHA doc)
23. 10 things your toddler wants you to know (Attachment Network of Manitoba)
24. Food plate (Winnipeg in motion)