

# WRHA Staff Appreciation and Recognition (StAR) Employee Discount Program

**FIT CLUB** would like to offer WRHA employees and volunteers an opportunity to sign up for a New Gold Membership and receive 20% off

This is a great opportunity for all those looking to Get Fit, tired of not knowing what to do and needing the motivation to keep going.

Upon registration, be sure to show your employee ID or verify at the front desk your place of employment to receive this exclusive offer.



## **CORPORATE HEALTH & WELLNESS** PROGRAM

### **ONLY 35 MIN WORKOUTS**

Save Time & Double Your Results.

### **TRAINER LED SESSIONS**

Motivation, Attention & Form Correction.

### **NUTRITION CHALLENGES**

Taking The Guess Work Out Of Eating.

### **INVIGORATING ENVIRONMENT**

Best Part Of Your Day.

### **CHEERS**

Everyone Know's Your Name.



### **WHAT PEOPLE ARE SAYING?**

"After having kids I thought I'd never lose my stomach! Thank you Fit Club."

Robyn - Mom

"I'm in the best shape of my life."

Leo - Dad

"Ever since I started at Fit Club I've reversed my body age."

Coralee - Nurse

"I love being surrounded by like minded people and the Fit Club team make you feel special."

Shannon - Business Owner

"Fit Club is the highlight of my day! I look forward to every workout"

Jane - Administrator

## **\$21 21 DAY SLIMDOWN CHALLENGE**

### **2 CONVENIENT LOCATIONS TO CHOOSE FROM!**

1795 HENDERSON HWY - Next To the Villa  
2020 CORYDON AVE - Across From Rumor's



### **SESSION TIMES**

5:10, 5:45, 6:20, 6:55, 7:30 AM

8:40, 9:15, 9:55 AM

3:45, 4:20, 4:55, 5:30, 6:05 PM

### **HOW TO SET UP CHALLENGE**

EMAIL: [GETFIT@FITCLUB.FIT](mailto:GETFIT@FITCLUB.FIT)

PH / TEXT: 1-204-228-0431



[www.fitclub.fit](http://www.fitclub.fit)

Renewed: March, 2020 (open-ended)

Joined: March 2019

Discount Program Contact: Dana Whyte, [dwhyte@wrha.mb.ca](mailto:dwhyte@wrha.mb.ca), 204-787-2743