

WRHA Staff Appreciation and Recognition (StAR) Employee Discount Program

TO RECEIVE THE DISCOUNT LISTED, PRESENT YOUR WORK PHOTO ID BADGE OR CURRENT PAYSTUB AT TIME OF PURCHASE (unless otherwise noted). WRHA is not responsible for any services or products offered through the WRHA StAR Employee Discount Program and makes no representations thereto.

If you encounter any difficulties please contact Dana Whyte, WRHA StAR Program at 204-787-2743



MOTION MECHANICS

836 McLeod Avenue #9

204-615-4700

Monday to Friday, 9:00 a.m. to 9:00 pm.

Saturday and Sunday, 10:00 a.m. to 5:00 p.m.

www.motionmechanics.ca

Motion Mechanics is offering:

- ★ 10% discount on initial visit for Massage
- ★ 15% discount on initial visit for Athletic Therapy which includes a Full Assessment and
10% on follow up appointments (Initial Assessment \$75+GST Follow up \$60+GST)

We offer online billing as allowed by your Individual Health Insurance Benefits Plan. And offer direct billing for MPI and WCB Claims

Our Massage Therapists offer Functional Muscle Release, Trigger Point Therapy, Myofascial treatment and Swedish Massage including postural realignment with Deep Structural Therapy to get your body back into balance and restore functional motion.

Our Athletic Therapists specialize in treating acute and chronic orthopedic injuries and are especially effective in rehabilitating injuries sustained from chronic and recurring conditions, motor vehicle accidents, sports, daily activities, and emergencies such as concussion, fractures, and spinal injuries. They take an active approach to rehabilitation that focuses on finding and treating the cause of conditions not just the symptoms. Our Athletic Therapist have gained valuable experience working with highly professional organizations such as the Winnipeg Goldeyes and Winnipeg Jets.