

WRHA Staff Appreciation and Recognition (StAR) Employee Discount Program

Pilates Manitoba located at 390 Academy Rd is offering WRHA employees and volunteers the following discounts:



- ☆ **Pilates** this discount is available to new members of Pilates Manitoba
- ☆ Receive 3 one hour private lessons and a 10 flex-class pass for a cost of \$287.57 + \$14.18 tax = \$297.75 inc tax (regular cost is \$378) 25% discount.
- ☆ **MELT Method** this discount is available to all members
- ☆ Receive a 20 flex class pass for the MELT Method classes for a cost of \$262.38 + \$13.14 tax = \$275.50 inc tax (regular cost is \$350)



The MELT method is the only method of treatment for the "new" organ discovered called the Interstitium, as published in www.nature.com March 27, 2018 and as appeared on CBC's Quirks & Quarks Sat March 31, 2018.

<https://www.nature.com/articles/s41598-018-23062-6.pdf>

Some specific medical limitations may apply please check with us before purchase.

No refunds, transfers, changes or substitutions.

One purchase of each package per person

Not to be combined or used with any other offer.

Must provide current work ID at time of purchase.

Some medical limitations may apply please check with us before purchase.

All packages have a 6 month expiry date from date of purchase. This is designed so that individuals commit to the program as it is neuro-muscular-skeletal re-patterning.

For more information

Visit their website at <http://pilatesmanitoba.com/about/>

Or call 204-487-2287

Email info@pilatesmanitoba.com

Renewed: November, 2019

Updated: May, 2018

Joined: October, 2016

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