



Canadian Cancer Society
Smokers' Helpline
Fax Referral Form
HEALTH PROFESSIONAL PROTOCOL

Thank you for participating in the Fax Referral service to help you connect smokers to the **Smokers' Helpline**, a toll-free evidence-based smoking cessation service. **Smokers' Helpline** provides information, advice, and support to smokers regardless of their readiness to quit. The following instructions describe how to implement the Fax Referral into your practice, by way of brief intervention.

ASK about tobacco use.

"Have you used tobacco products in the last 6 months?"

ADVISE all tobacco users to quit.

"I strongly advise you to quit smoking and help is available."

"Quitting smoking is the best thing you can do for your health."

REFER the patient/client to **Smokers' Helpline** using the following simple protocol:

- Complete the Health Professional Referral Source section on the SHL Fax Referral Form
- Have the patient/client fill in their contact information and availability.
- Obtain informed consent, validated by patient/client signature.
- Fax the form to 1 877 513-5334.
- Retain the original fax referral form in the patient/client chart.

Smokers' Helpline will contact the client within 3 working days of the referral.

Four attempts, over a 2-day period, will be made to contact the client using the contact information provided. Once contact has been made and the client agrees to participate, a SHL Quit Specialist will assess their readiness to quit and use well established protocols to provide appropriate services related to the individual client's smoking.

***Please photocopy the SHL Fax Referral Form as needed.**

For further information and Fax Referral materials contact:

Smokers' Helpline Coordinator

Canadian Cancer Society, Manitoba Division

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